

The Gift of Womanhood -- Course Topics

October 3-12, 2019

with Guru Rattana, Ph.D.

1. The Energy Is Changing -- Can You Feel It? - Astrological Shifts 2019-2020
2. Honoring Woman's Unique Nature and Design (Chapter 3)
3. Aspects of Woman's Empowerment (Chapter 2) and Personal Check In
4. Woman's Power Is Inside - Inner Reality Creates Outer Reality (Chapter 5)
What is your energy doing? Happy Hips, the Locks, Awakening the Kundalini (p. 196-199)
5. Activating and Aligning both the Stable and Flowing Polarities Within
Touchstones - Relaxation/Flow and Inner Peace/Stable
6. My Identity as a Woman - Five Facets of a Woman's Identity (Chapter 4)
7. Woman's Hidden Agendas to Get Love, and Her Stable Polarity (Chapter 6)
Healing Father and Abandonment Wounds (Chapter 7)
8. Astrology - Identify Your Unique Design and Soul Blueprint
I Am Only Who Only I Can Be
9. Working with the Elements and Your Creative Design
10. Numerology - The Path of My Soul - Know Myself, Love Myself
11. Lighten Your Load - Releasing What Doesn't Support You and Forgiveness
Liberate Yourself from Victimization and Self-Sabotage -- Save Yourself!
12. Spiritual Paths for Women - Passive/Receptive Skills for Relaxation
The G.O.D. phases of creation (Chapters 9 and 11)
13. Healing Archetypical Mother Wounds - Connecting with the Earth and Divine Mother
(Chapter 13) Finding Our Guru Within
14. Inner Beauty - Power, Presence, and Projection (Chapter 26)
At Peace with Your Path - I Do Only What Only I Can Do
15. Woman Is a Living Prayer - Oneness, Surrender and Trust (Chapter 27)
Woman's Space of Love - Healing, Health, Creating Magic and Miracles (Chapter 29)